# Managers Uno

How to Assess & Improve Your Management Style











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## AGERS WHO MOTIVATE

How to Assess & Improve Your Management Style

#### PROGRAM DESCRIPTION

Management sucks sometimes! There will be days when you have to disappoint people, when you spend more time managing relationships than doing quantifiable work, and when you wish you would have handled situations better. So why even go into management then? Because management changes lives. In this interactive workshop, you're going to learn fundamentals of high-performance management and how to apply them in your day-to-day role so you bring the best in individuals and the business.

#### **PROGRAM OBJECTIVES**

- Developing your personal management style
- Setting expectations and coaching your team
- Managing conflict effectively

#### **CLIENT TESTIMONIAL**

"I've lost count how many times we've utilized Justin Patton for our organization's training and development needs. His expertise, engaging style and the feedback we get from attendees always have us thinking of how and when we can bring him back."

CHRISTINE KENNEDY, COO of Lynchburg Regional Business Alliance

#### PROGRAM LOGISTICS



**TIMING OF PROGRAM** 3.5 hours



**SUPPORTING MATERIALS** 

All leaders will complete a participant workbook





















#### TOP 3 TRAITS:

EALLY ADMIRE IN A LEADER







MY CREDIBILITY

**IS BASED ON 3 PRIMARY FACTORS** 





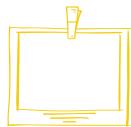


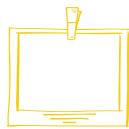


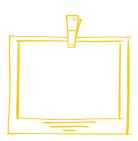
**HOW IT SHOWS UP EVERY DAY** 



LWAYS SHOW UP AS. . .







PURPOSE IS THE UNBREAKABLE BOND BETWEEN YOU AND YOUR SOUL.

- BOLD NEW YOU

MYTHEME

ONE WORD THAT SUMMARIZES MY LIFE

PURPOSEFORMULA

**HOW** 

**WHO** 

**IMPACT** 

**MY PURPOSE IS TO...** 

WHAT I LEARNED ABOUT MYSELF TODAY:



**JPinspires** 





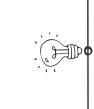
MAKE THEIR OWN CHOICES **EMPOWER PEOPLE TO** 

COACHING IS...

THE GOAL OF ANY COACHING CONVERSATION IS TO...











**EMPOWERING QUESTIONS** 

**6.** 

LISTEN BELOW THE

LISTENING INTOITIVE

EMPOWERING QUESTIONS ARE...

**ALL QUESTIONS ARE NOT** 

Focus:

ACTIVE LISTENING

ALL EMPOWERING QUESTIONS START WITH...

Focus:

LISTENING EGO

**BEST PRACTICES WHEN ASKING QUESTIONS:** 

Focus:



MAKE PEOPLE FEEL

WHAT DOES IT MEAN TO ACKNOWLEDGE?

WHY DO IT?

HOW TO DO IT (FORMULA):

Of course you're

because\_

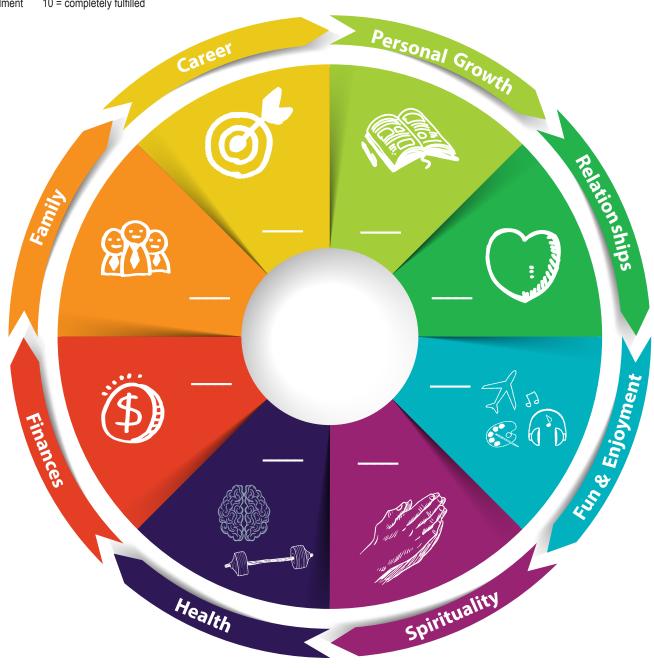






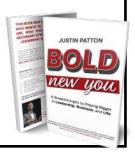
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Identify the number (1-10) that best corresponds to your current level of fulfillment in each area of your life. 1 = no fulfillment 10 = completely fulfilled



#### **REFLECTION AND INSIGHTS!**

Briefly describe what you learned about yourself and where you want to spend energy growing in the next month.



















### 35 EMPOWERING QUESTIONS



#### **LEADERSHIP BRAND**

- How do you want to be perceived by others?
- · How might you be holding yourself back?
- What are you doing to build brand advocates?
- How are you taking people with you?
- · What does your presence tell people about you?
- How might your ego be getting in your way?
- How are you growing/promoting others?

#### **RELATIONSHIPS**

- · How satisfied are you in the relationship?
- · What needs to change in the relationship?
- How are you contributing to the problem/solution?
- · How are you investing in the relationship?
- What can you do to make this relationship better?
- What boundaries do you need to establish?
- Who do you need to forgive?

#### **PURPOSE & PASSION**

- How would you describe your purpose in life?
- What are your core values?
- · How well does your role align to your values?
- · How are you using your top strengths?
- · What changes can you make to be more fulfilled?
- What can you do to play bigger in your life?
- When do you feel the most energized?

#### THE WORK

- What resources do you need to be successful?
- How can you use this as an opportunity to grow?
- How will you use the feedback?
- How will you communicate progress?
- · What challenges can you foresee
- · What do you have control over?
- What impact will that decision have?

#### **MOVING FORWARD**

- What is another way to look at that?
- What do you need to do more/less of?
- What do you want to do about that?
- What are the rewards/consequences with that?
- What would you say is the next right step?
- What is really getting in the way?
- What is stopping you?











### GROW COACHING MODEL

#### 1 - GOAL



(b) What do you want to get out of our conversation today? (have the client set their intention)

#### 2 - REALITY



What's currently getting in the way of you achieving this goal? (explore all possibilities)

#### 3 - OPTIONS



What steps would move you closer to your desired goal? (explore all possibilities)

#### 4 - WAY FORWARD

What step(s) do you want to commit to taking?

When will you complete these steps?

What resources and/or support do you need?

How will you feel when you achieve this goal?















### IFFICULT CONVERSATIONS PLAN

#### What specific behavior do I want to discuss?

Focus on one issue. Give specific example(s) when the behavior occurred.



#### What is the impact of the behavior?

Explain why the behavior is important to discuss. How does it make you feel? What is the impact to you, the individual, team, organization?



#### What do I need to take accountability for?

Any time there is an issue in a relationship, both people have a part to play. What do you need to take accountability for and own? Examples: didn't set clear boundaries, let it go on too long, put up with it, thought it would resolve itself.



#### What needs to happen to resolve the issue?

What are you asking for? What specific actions need to happen as a result of the conversation? How will you measure success?







Make it Safe

individual know you want the benefits of discussing. purpose and making the Initiate the conversation **Explicitly state what you** want to discuss. Let the by establishing mutual perspective. Highlight to understand their conversation safe.

# **STEP2**

**Tell Your Truth** 

Articulate your truth as you see it. Share both the facts and feelings. Discuss the impact to the person, team, and/or culture.

# STEP3

**Explore Their Truth** 

Stay curious and listen individual to respond and share their truth. Now stop. Invite the perspective. Remain to understand their fully present.

# **STEP4**

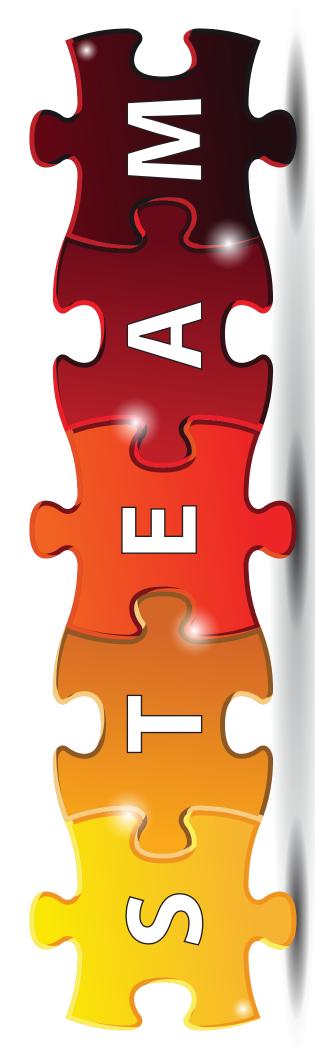
Acknowledge

down and acknowledging that person's experience. heard if you need clarity. acknowledgment does not mean agreement. Paraphrase what you Connect by slowing resolving the issue. Develop ideas for Remember:

# STEPS

Make Mutual Agreements

who will do what by when. individual for engaging in expectation. Thank the Establish and agree on Confirm any resources next steps. Articulate needed to meet the the conversation.



SAFETY

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TRUTH

**EXPLORE** 

**ACKNOWLEDGE** 

**MUTUAL AGREEMENTS** 

S02.797.3555 (c) justin@justinpatton.com (c) www.justinpatton.com

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## NOTES:

#### KEY POINTS I WANT TO REMEMBER








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#### KEY POINTS I WANT TO REMEMBER








# anagers Uno

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WHAT WILL YOU SPECIFICALLY APPLY OVER THE NEXT TWO WEEKS?

WHAT DOES SUCCESS LOOK LIKE FOR YOU?











