

# **MICHELLE LEFEBVRE, M.A.C., CPC, ELI-MP**

Empowerment & Communication Consultant, Speaker & Trainer

Coach With Michelle

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Michelle consults with individual leaders, groups, small and medium sized businesses, and leaders in governmental and not-for-profit organizations to champion them to live in their stretch zones. In other words, to reach beyond what's comfortable and live a bigger, bolder, braver life.

Michelle has her Masters in Communication with an emphasis in adult education and instructional design. She is a certified coach and mediator and has over 25 years of experience working in the fields of gerontology, human services, and teaching college. She has been recognized with awards and has spoken at the White House alongside Former First Lady Hillary Rodham Clinton and Former United States Secretary of Health & Human Services Donna Shalala.

Michelle's contagious enthusiasm gets people engaged to achieve sought after results. She is often requested to collaborate on boards and steering committees due to her past results working with community programs and organizations. In her work with individuals, small groups, and organizations, Michelle uses a hands-on experiential approach.

In addition to running her own coaching practice, Michelle is a recurring presenter, trainer, and consultant with Roaring Fork Leadership-Aspen, Summit County Leadership-Breckenridge, Colorado Mountain College, and Garfield County Government, as well as gives various keynote speaking engagements, community talks, and presentations throughout Colorado.

Adding an element of fun is important for Michelle whether at work or giving back to her community. She is a former Peace Corps volunteer and enjoys running international marathons to raise awareness and funds for the eradication of Polio. She is in her third term as secretary of Valley View Hospital Foundation (top 100 hospitals); Co-chair Valley View Hospital Business Partners;

Advisory Council member Retired Senior Volunteer Program (RSVP); founding board member GlenX (not-for-profit inspiring positive community impact); Rotary board member for 8 of 15 years.