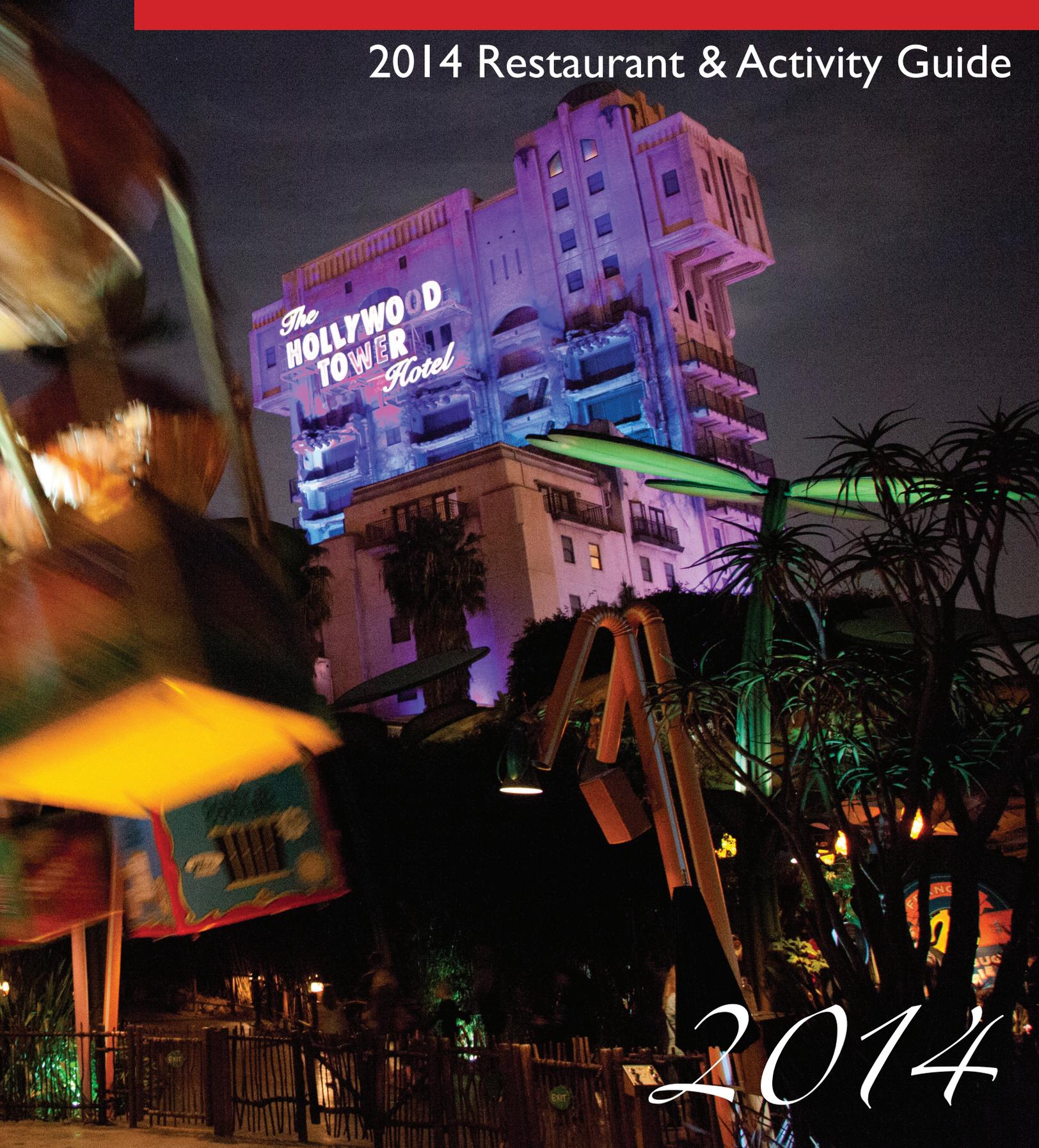


West Institute

2014 Restaurant & Activity Guide



2014

Welcome

It is with great pleasure to welcome you to beautiful southern California and to WEST Institute! The experience awaiting will be exciting, informative, fun and most importantly, memorable!

The WEST Institute Board of Regents is committed to ensuring you not only gain valuable knowledge and insight from your participation in this dynamic program, but also in enjoying your time in the Los Angeles area. To that end, we're excited to introduce the inaugural **WEST Institute Restaurant and Activities Guide for 2014!** In this very comprehensive guide, you'll find some of the best places to enjoy a sumptuous meal, or maybe just a quick bite before you experience all the other sites and sounds of the area. In addition, the guide will provide information on some of the attractions and activities you can enjoy during the evenings, Tuesday afternoon free time or on your pre- or post vacation in southern California. We invite you to immerse yourself in all that this exciting Institute location has to offer and leave rejuvenated in your career and refreshed from the California sunshine!

Very special thanks go to the members of the Board of Regents for their work on this new resource...especially to our own southern California Regent Russell Lahodny for his exceptional work in compiling and creating this attractive and useful publication! Say thanks when you see him during our Institute week together!

Cheers!



Peter Aust, IOM
2014 Chair - Board of Regents
WEST Institute of Organization Management



Restaurants



The Lobster

PIKNIC

13020 Pacific Promenade

Playa Vista, CA

Phone: (310) 496-3966

Website: www.piknic.us

Miles from Campus: 1.3

Miles from DoubleTree: 2

Cuisine: American

Price: \$\$

Description:

PIKNIC of Playa Vista offers a rousing simplicity with our menu paired with a modern and versatile ambiance in a location that you would not expect. Join us for lunch and you will soon be choosing one of our crisp salads, carved artisan sandwiches or gourmet hamburgers. The waterfall gently spills over the sounds of lively lunch guests and transitions the changing vibe that comes with every evening. The subtle dimming of the lights overhead stretch towards the new glow of the candles blushing from the tables, as our dinner menu takes its place. Only the best ingredients and products are used in our incredible menu. Start off with our unique Mediterranean Platter and be faced to choose from Chilean Sea Bass or Delmonico steak and Alaskan Halibut. PIKNIC extends outside of the restaurant as well. Take advantage of our Corporate Catering service for your next luncheon or private event!

Review:

Great place for dinner. Unique atmosphere, close to campus and great food. Able to accommodate groups around 25 but would be tight for groups larger than that. — R. Lahodny, West Board of Regents

THE LOBSTER

1602 Ocean Ave.

Santa Monica, CA 90401

Phone: (310) 458-9294

Website: www.thelobster.com

Miles from Campus: 6.2

Miles from DoubleTree: 8.2

Cuisine: Seafood

Price: \$\$\$

Description:

The Lobster is located at the entrance to the Santa Monica Pier, with unparalleled view of the pier and the beach! At The Lobster, fresh seafood is our passion! From innovative shellfish cocktails, exquisitely prepared fin fish or a classic lobster dinner, our menu will stimulate your senses!

Review:

Classy restaurant with a great view of the Santa Monica Pier. The food is good, slightly expensive, but worth a try. They can accommodate large groups with advanced notice. — R. Lahodny, West Institute Board of Regents

C&O TRATTORIA

31 Washington Blvd.

Marina del Rey, CA 90292

Phone: (310) 823-9491

Website: www.cotrattoria.com

Miles from Campus: 3.8

Miles from DoubleTree: 4.9

Cuisine: Italian

Price: \$\$

Description:

With unforgettable Italian Cuisine, gargantuan portions and affordable prices, in a unique and festive setting; C&O is a favorite place for lunch and dinner seven days a week. On weekends C&O is also known for its famous breakfasts on the beautiful outdoor heated patio.

Review:

Besides the decadent garlic knots, C&O Trattoria serves great food and huge portions. But the real treat is participating in the nightly sing-a-long of "That's Amore." This is a great place for large groups but make sure you make a reservation. — R. Lahodny, West Institute Board of Regents

THE MISFIT RESTAURANT + BAR

225 Santa Monica Blvd.

Santa Monica, CA 90401

Phone: (310) 656-9800

Website: www.themisfitrestaurant.com

Miles from Campus: 6.4

Miles from DoubleTree: 8.3

Cuisine: American

Price: \$\$

Description:

This “cool” Santa Monica gastropub resembling “a high-end library” is a “fun” place to graze on Eclectic small plates (“a little of this, a little of that”) with “expertly mixed” cocktails to wash it all down; factor in “fair prices” and “prompt” service, and consensus is it’s a “great addition to the neighborhood”; P.S. the “free chocolate chip cookies with sea salt are the perfect ending.”

Review:

This is a very hip, unique place that has a trendy Southern California feel coupled with fresh food. The restaurant can be loud and hard to hear. It can accommodate larger groups. Call in advance for reservations. – R. Lahodny, West Institute Board of Regents

GULFSTREAM

10250 Santa Monica Blvd.

Century City, CA 90067

Phone: (310) 553-3636

Website: www.gulfstreamrestaurants.com

Miles from Campus: 9.5

Miles from DoubleTree: 7.2

Cuisine: American/Seafood

Price: \$\$\$

Description:

Our menu celebrates seasonal selections from local markets & purveyors, ensuring each dish is fresh & of the highest standard. The secluded perch above Santa Monica Blvd features an exhibition kitchen & elegant yet familial dining room, where North Pacific oysters are shucked to order and noted specialties include the Pan-Seared Scallop Salad, #1 Ahi Tuna Burger, Cedar Plank Roasted Salmon, and Wood Grilled Hawaiian Ribeye.

CHA CHA CHICKEN

1906 Ocean Ave.

Santa Monica, CA 90405

Phone: (310) 581-1684

Website: www.chachachicken.com

Miles from Campus: 5.4

Miles from DoubleTree: 8.4

Cuisine: Caribbean

Price: \$\$

Description:

Cha Cha Chicken was originally opened to have a take out version vs. sit down wine and dine restaurants. We love the relaxing environment and the fact that the beach is one block away. Here we bring the Caribbean and Latin flavors to you without you having to fly thousands of miles away. We were originally linked to Cha Cha Cha which is on the corner of Melrose and Virgil along with a chain of others which have been closed since 2002. Elvira (the owner) has taken this place and added her own unique Latin flavors making this a Caribbean restaurant with a Latin Fusion. She runs this restaurant with her children as this is a family establishment so we like to treat our customers as if they are part of our family as well. We appreciate your business and hope that we can serve you for many years to come.

THE STINKING ROSE

55 N. La Cienega Blvd.

Beverly Hills, CA 90211

Phone: (310) 652-7673

Website: www.thestinkingrose.com

Miles from Campus: 8.4

Miles from DoubleTree: 9.5

Cuisine: Italian/American

Price: \$\$

Description:

Like the original San Francisco restaurant, The Stinking Rose in Beverly Hills has become a star on the famed Restaurant Row and THE eatery for celebrating the culinary euphoria of garlic. Our star - quality menu features delectable California-Italian cuisine, including our famous garlicky signature dishes prepared with as much - or as little - as you like of the pungent herb, depend-



Ahi Tuna Burger – The Misfit Restaurant + Bar

ing on each diner's palate. This is the place for ingenues and veteran garlic connoisseurs alike to see and be seen. To eat, drink and STINK! The Stinking Rose has the ideal room for your small or large party, our banquet facilities accommodate 10 - 450 guests. Pre-set banquet menus are available. We're happy to customize our banquet menus to serve your special needs and we invite you to create your own garlic festival with interactive fun, great food and our STINKING atmosphere.

WATERLOO & CITY

12517 W. Washington Blvd.
Culver City, CA 90066
Phone: (310) 391-4222
Website: www.waterlooandcity.com
Miles from Campus: 3
Miles from DoubleTree: 2.5
Cuisine: Gastropub
Price: \$\$\$

Description:

Named for the London underground railway line where Executive Chef/ Proprietor Brendan Collins initiated his youthful world adventures, Waterloo & City is the newest addition to Culver City's red-hot restaurant scene. Though Collins (Los Angeles' Melisse, Anisette and Palihouse), and his partner GM/ Proprietor Carolos Tomazos (New York's Per Se and Le Bernardin) hail from some of the world's most respected fine dining establishments, Waterloo & City is a traditional British gastropub; meaning, it has the relaxed, easy atmosphere of an English pub while serving extraordinary gastronomic cuisine. Collins and Tomazos, who met while working together at Palihouse, know how to do "haute," but truly wanted to create a fun, accessible neighborhood spot where their guests can enjoy a sophisticated, nuanced menu, knock back a few pints or do both at the same time!

TIN ROOF BISTRO

3500 N. Sepulveda Blvd.
Manhattan Beach, CA 90266
Phone: (310) 939-0900
Website: www.tinroofbistro.com
Miles from Campus: 5.9
Miles from DoubleTree: 5.9
Cuisine: American
Price: \$\$

Description:

The Tin Roof Bistro embodies Mike Simms' and Chef Anne Conness' vision of a wine country local's hangout – casual, fun atmosphere combined with chef inspired cuisine and professional, detail oriented service. This great combination allows our guests to feel comfortable showing up in blue jeans and a T-Shirt on their way back from the beach or a suit and tie on their way home from work. Chef Anne has taken everyday comfort foods to a new level. Port Braised Short Ribs with Broccolini and Creamy Polenta and our Wood Burning Oven Roasted Chinook Salmon with Asparagus and Fingerling Potatoes exemplify comfort foods with a chef's perspective. For guests looking for a something a little more exotic the menu incorporates innovative dishes, such as Spicy Tuna Spring Rolls with Wasabi Ginger Sauce or Arugula Salad "Foldover" – basil pesto and goat cheese pizza topped with an arugula salad. The menu will evolve and change regularly with the seasons.



Garlic Prime Rib – The Stinking Rose

TAR & ROSES

602 Sanata Monica Blvd
Phone: (310) 587-0700
Website: www.tarandroses.com
Miles from Campus: 5.7
Miles from DoubleTree: 8.2
Cuisine: American
Price: \$\$\$

Description:

"A culinary treat" "from start to finish", this "addictive" Santa Monica "up-and-comer" from chef-owner Andrew Kirschner (Joe's, Wilshire) turns out "memorable" New American plates both small and large via a wood-burning oven; tables can be "hard to come by" since the "elevated gastropub" setting is "always busy" (and "noisy"), so "book well in advance."

TRUE FOOD KITCHEN

395 Santa Monica Place
Santa Monica, CA 90401
Phone: (310) 593-8300
Website: www.truefoodkitchen.com
Miles from Campus: 5.9
Miles from DoubleTree: 8.1
Cuisine: America/Veggie
Price: \$\$

Description:

You don't have to be a die-hard Yogi to dine at True Food Kitchen. You need only a desire to give your body nutrients, and your palate something memorable. The basis for the anti-inflammatory diet isn't meant to deprive a healthy body of great flavors, it's meant to take popular trends in cuisine and pair them with healthy living. With a wide, healthy selection of vegan, vegetarian, or gluten free options we offer something for everyone. Try the kale and quinoa, you'll live longer. Drink the seabuckthorn and acai, you'll feel better. At True Food Kitchen, we want you to feel better, live longer, and make your mouth happy in the process. It's honest food that tastes really good.



Roast Chicken – Tar & Roses

R&D KITCHEN

1323 Montana Avenue

Phone: (310) 395-3314

Website: www.hillstone.com/#/restaurants/cafeRandD/

Miles from Campus: 6.8

Miles from DoubleTree: 8.5

Cuisine: Gastropub

Price: \$\$

Description:

Great-tasting globally inspired cuisine that nourishes body, mind, and spirit. True Food Kitchen is an innovative new eatery developed in partnership with Fox Restaurant Concepts and best-selling author Dr. Andrew Weil. True Food Kitchen offers a globally inspired, seasonal menu that will appeal to people of all ages seeking a more balanced lifestyle. True Food Kitchen celebrates the simple, pure flavors of quality local and regional ingredients with a menu that tastes great while nourishing your mind, body and spirit.

M.A.K.E.

396 Santa Monica Place

Santa Monica, CA 90401

Phone: (310) 394-7046

Website: www.matthewkenneycuisine.com

Miles from Campus: 5.6

Miles from DoubleTree: 8.3

Cuisine: Sushi

Price: \$\$\$

Description:

M.A.K.E. is a living foods restaurant, featuring cutting edge plant-based cuisine. The menu is executed under the guidance of raw food chef and author, Matthew Kenney. The restaurant is located adjacent to Matthew Kenney Culinary, a state-of-the-art raw food culinary school, attended by students from all over the globe. The restaurant's menu features innovative ideas inspired by seasonal, local produce, as well as many of Matthew's classic raw food dishes. The dining area of M.A.K.E. has three main components: a communal omakase-style bar where guests will watch our chefs prepare a tasting menu, and have a fresh juice or cocktail; an airy dining room accented with natural woods and fabrics, and a full service outdoor patio to take advantage of the

near-perfect Santa Monica weather. Located inside Santa Monica Place, in The Market, the perfect atmosphere to experience this contemporary cuisine.

THE BAZAAR

465 S La Cienega Blvd.

Beverly Hills, CA 90048

Phone: (310) 246-5567

Website: www.thebazaar.com

Miles from Campus: 8.7

Miles from DoubleTree: 9.8

Cuisine: Spanish

Price: \$\$\$\$

Description:

From smoking cocktails to spherified olive tapas, The Bazaar by José Andrés offers a magical culinary experience of traditional Spanish flavors and cutting edge culinary techniques in a fanciful indoor piazza by Philippe Starck at SLS Beverly Hills.

WILSHIRE RESTAURANT

2454 Wilshire Blvd.

Santa Monica, CA 90403

Website: wilshirerestaurant.com

Miles from Campus: 7.1

Miles from DoubleTree: 7.3

Cuisine: American

Price: \$\$\$

Description:

At Wilshire, our menu is developed around local, organic, and seasonal ingredients, taking advantage of our uniquely rich and diverse farmers markets. Dishes originate from a fusion of American and International influences, presented in a simple and accessible style. We call this "New Urban Cuisine", reflecting the modern sensibilities of supporting sustainable farming, enjoying sophisticated and excellent food, and gathering in a beautiful but casual atmosphere. Wilshire is a neighborhood restaurant.

MA'KAI

101 Broadway

Santa Monica, CA 90401
Phone: (301) 434-1511
Website: www.makailounge.com
Miles from Campus: 5.9
Miles from DoubleTree: 8.3
Cuisine: Asian Fusion
Price: \$\$\$

Description:

Chosen as Santa Monica's best cocktail lounge for 2009 and 2010. Ma'kai offers lunch, dinner, happy hour, brunch, cocktails and a late night upbeat lounge as well as the amazing location and awards. Overlooking the Palisades, and the Pacific Ocean, it affords breathtaking views of the sun setting over Malibu and the Santa Monica Pier. Whether you're with a large party or enjoying a candlelit dinner for two, Ma'Kais' California-Pan Asian influenced menu and signature cocktail list will give you a unique dining experience. Now with 16 NEW High Definition TVs and DirectTV All Access sports package.

BOA STEAKHOUSE

101 Santa Monica Blvd.
Santa Monica, CA 90401
Phone: (310) 899-4466
Website: www.innovativedining.com/restaurants/boa
Miles from Campus: 6.1
Miles from DoubleTree: 8.4
Cuisine: Steakhouses
Price: \$\$\$\$

Description:

BOA Steakhouse artfully combines a bold, colorful environment with modern-day steakhouse fare. Steaks and chops include a selection of prime Omaha beef such as the "40 Day" Dry Aged New York Strip and the "Bone In" Rib Eye, as well as Certified Organic Beef and Premium American Wagyu, all served with a choice of rubs and house made sauces, including BOA's own J-1 sauce. A full complement of traditional steakhouse sides is offered, including the Classic Caesar Salad made tableside and Mac-n-Cheese. The menu also offers tempting poultry dishes and superb seafood options, a wide variety of Sandwiches and Salads at lunchtime, an extensive cocktail menu and a Wine Spectator award-winning wine list.

HILLSTONE

202 Wilshire Blvd.
Santa Monica, CA 90401
Phone: (310) 576-7558
Website: www.hillstone.com/hillstone
Miles from Campus: 5.9
Miles from DoubleTree: 8.3
Cuisine: Burgers, Sandwiches
Price: \$\$\$

Description:

At Hillstone in Santa Monica, our menu celebrates seasonal selections from the Santa Monica Farmer's Markets and local purveyors, ensuring each dish is fresh and of the highest standard. We're proud to feature fresh hand-rolled sushi, including Osaka-style Pressed Sushi and Crunchy Shrimp and Macadamia Rolls. Other signature dishes include the award-winning California Burger, Roasted Prime Rib, and Thai Steak and Noodle Salad. We look forward to welcoming you soon!



In-N-Out Burger

9149 S. Sepulveda Blvd.,
Los Angeles, CA 90045
Website: www.in-n-out.com
Miles from Campus: 2.4
Miles from DoubleTree: 2.1
Cuisine: Burger
Price: \$

Description:

This is a California institution that gets the attention of everyone that lives and visits the area. This quick-service restaurant relies on fresh, never-frozen meat and produce to stand out among a world filled with fast food restaurants. Freshness is the key to their success. Be sure to read up on their secret menu and be in the know.

PINK'S HOT DOGS

709 N La Brea Ave
Los Angeles, CA 90038
Phone: (323) 931-4223
Website: www.pinkshollywood.com
Miles from Campus: 15.8
Miles from DoubleTree: 12.7
Cuisine: Hot Dogs
Price: \$

Description:

Pink's is the ultimate Mom and Pop hot dog stand. It's a Hollywood love story, starting with Paul & Betty Pink selling hot dogs from a cart on a neighborhood street corner at La Brea & Melrose in 1939. Then the city fell in love with the tasty chili dogs and friendly service, and 75 years later, Pink's has become a Hollywood landmark and internationally famous, now operated by Paul & Betty's family -- Richard, Gloria, and Beverly. The Pink family has even expanded to ten locations including Southern California, Las Vegas, and Ohio.

ROSCOE'S HOUSE OF CHICKEN & WAFFLES

709 N La Brea Ave
Los Angeles, CA 90038
Phone: (323) 931-4223
Website: www.pinkshollywood.com
Miles from Campus: 4
Miles from DoubleTree: 3.5
Cuisine: Southern
Price: \$\$

Description:

Fried chicken and waffles are our specialty! No one knows chicken like we do! But chicken and waffles are only part of our story. We are also famous for our delicious greens, Mac and Cheese, hot water cornbread, and red beans and rice.

Activities



Disneyland Resort

1313 Disneyland Drive

Anaheim, CA 92802

Phone: (714) 781-4565

Website: disneyland.disney.go.com

Miles from Campus: 34.3

Miles from DoubleTree: 34.3

Admission:

1-Day Park Hopper Ticket – \$137

1-Day, 1 Park – \$92

Universal Studios of Hollywood

100 Universal City Plaza

Universal City, CA 91608

Phone: (800) 864-8377

Website: www.universalstudioshollywood.com

Miles from Campus: 15

Miles from DoubleTree: 13.3

Admission: 1-Day Pass – \$92



Concert Venues

The Roxy Theatre

9009 W Sunset Blvd
West Hollywood, CA 90069
(310) 278-9457

Hollywood Bowl

2301 N Highland Ave
Hollywood, CA 90068
(323) 850-2000

Greek Theatre

2700 N. Vermont Ave
Los Angeles, CA 90027
(323) 665-5857

House of Blues

8430 W Sunset Blvd
West Hollywood, CA 90069
(323) 848-5100

Walt Disney Concert Hall

111 S Grand Ave.
Los Angeles, CA 90012
(323) 850-2000





Other Activities

Television Show Tapings in Los Angeles

Jimmy Kimmel Live
Ellen DeGeneres
The Price is Right
Real Time with Bill Maher
Late Late Show with Craig Ferguson
Jeopardy
Wheel of Fortune

Shopping

Third Street Promenade
1351 3rd Street Promenade
Santa Monica, CA 90401

The Grove
189 The Grove Dr
Los Angeles, CA 90036

Beaches

Venice Beach
Santa Monica Pier
Manhattan Beach
Hermosa Beach

