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Barbara Mitchell is a human resources and organizational development consultant, author, speaker, and business coach. Most of her human resources career was in senior leadership positions with Marriott International and Human Genome Sciences.

In 1998, she co-founded The Millennium Group International LLC, which was sold in 2008 after ten successful years in business in the organizational development, leadership development and human resources consulting arenas. She now is Managing Partner of The Mitchell Group, a consulting practice focused on helping organizations hire, engage, manage, and retain the best talent possible. She is passionate about helping human resources departments and HR professionals maximize their effectiveness.

Some of her clients include The International Monetary Fund, The Polaris Project, The National Institutes of Allergies and Infectious Diseases, Marriott International, The American Chemical Society, Independent Community Bankers Association, Fairfax Neonatal Associates, American Nurses Association, Akima, Centennial Contractors, Inc. and many more.

Barbara is the co-author of *The Essential Workplace Conflict Handbook (2015)*, *The Big Book of HR (2012)* and *The Essential Human Resources Handbook (2008)* and has contributed to three other business and human resource related books. She is a frequent speaker at local, regional, and national conferences on topics relating to staffing, generations at work, employee engagement, and other human resources and organizational development related subjects.

Barbara served on the Executive Committee of the Board of Directors for Habitat for Humanity Northern Virginia and is a video docent at the Smithsonian American Art Museum in Washington, DC.

She is a graduate of North Park University in Chicago, IL and has taken graduate level business and writing classes at several prominent universities.